



Microscopic haematuria

- Check BP
- Urine dipstick. If positive for protein, send urine sample for protein/creatinine ratio (see box)
- Blood for creatinine

Age > 50 years
OR symptoms (urinary symptoms, loin pain)

Age < 50 years
No symptoms

Protein/creat ratio
>45mg/mmol or eGFR<60

Refer Nephrology

Refer Haematuria Clinic

Hypertension?

Difficult to control?

Protein/creat ratio
>45mg/mmol or eGFR<60

All tests normal

Urological problem

Manage in primary care

Follow up in primary care

- BP check
- Urine dipstick for protein
- Annual for 3 years
- Then 3 yearly

Urine samples

- First voided urine after rising
- Universal container (20ml white)
- Not after exercise/during menstruation

Please note RUH normal reference range for protein/creat ratio is 0-14mg/mmol but only refer if >45mg/mmol

Contact Details

Haematuria Clinic queries Clinical advice
Christine Cole 01225 825528 Jon McFarlane 01225 824575